

PAW PRINTS

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A VOLUNTEER NEWSLETTER



National Oyster Day

www.NationalDayCalendar.com

August 5

National Oyster Day is observed annually on August 5th. Oysters are enjoyed as a seafood in many parts of the world. There are over 100 different species of oysters! They are typically named after the body of water in which they are grown because oysters take on the characteristics of the water in which they live.

Archaeologists tell us humans have been eating oysters since the dawn of humanity. Oyster farming and cultivation can be traced back to Roman times in France and England.

Oysters actually helped build New York City's restaurant trade, as the fish were so abundant in the city's harbour during the early 1800s, when their vast supply made them a cheap food source for the working class.

There are a million ways to serve and eat oysters. Oysters can be eaten on the half shell, raw, smoked, boiled, baked, fried, roasted, stewed, canned, pickled, steamed or broiled. How you prepare your oysters can vary from simply opening the shell and eating the contents, including juice. Butter and salt are often added.

As for finding a pearl in an oyster, that is a rare find. Only one out of 10,000 oysters will produce a pearl. In addition, those oysters are not bred for eating. Most of the pearls that are created by these mollusks begin with human intervention. Pieces of shells or beads are inserted inside an oyster. The natural process goes from there. The oyster covers the foreign substance with layers of calcium and protein. In time, a pearl is produced.

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Calendar of Events

8/2 - Wednesday Shelter Clinic - 5pm

8/9 - Wednesday Shelter Clinic - 5pm

8/12 – Vaccination Clinic – Tehachapi

8/16 – Wednesday Shelter Clinic - 5pm

8/16 – BACK TO SCHOOL

8/23 - Wednesday Shelter Clinic - 5pm

8/30 - Wednesday Shelter Clinic - 5pm



OUR TAKE

WITH

ZIP & ZAP

ZIP: Welcome to Our Take! Isn't it a wonderful day Zap?

ZAP: It is now. I was out of commission for two whole weeks after sitting with you last month, sick boy.

ZIP: But now you are better and we can get on with our very important topic. A theme of the whole newsletter.

ZAP: Catfish! I love me some catfish. Especially deep-fried or broiled.....num num num!

ZIP: Really Zap.....always thinking with your tummy and not your brains. Our theme is Dehydration....

ZAP: Oh yeah.....I guess that's important too....

ZIP: Sometimes I oughta.....

ZAP: I oughta what???neener neener!

ZIP: Dehydration in your furry friends like us is as dangerous as it is to our humans. We may have fur, which not only helps but also hinders us. We still need shade, we need water, we need

ZAP: BEER!

ZIP: ZAP!!!! REALLY alcohol is a HUGE no no!

ZAP: I know.....I know.

ZIP: Sometimes I wonder. Water is essential to the overall health of animals and our humans. The organs that benefit the most from water are the heart and the brain. I mean all animals, with the exception of ZAP, have a brain.

ZAP: Oh haha. Those jokes are just jokes. I have a brain, a highly functioning brain!

ZIP: Ok brainy cat..... What kind of cat are you?

ZAP: A Happy cat! No wait....a smart happy cat.

ZIP: Folks, you see what I deal with every month. Crazy cat status.

ZAP: Oh hush up, tail chaser. At least I know that my tail's attached to me.

ZIP: Whatever....it's exercise...anyways....next month, be ready for Cat Lobotomies as our subject.

ZAP: MEEEE – OWCH!

TRAINING



TIMEOUT

Dehydration

A lesson you can learn from your animals

Dehydration occurs when you use or lose more fluid than you take in, and your body does not have enough water and other fluids to carry out its normal functions. If you do not replace lost fluids, you will get dehydrated. Anyone may become dehydrated, but the condition is especially dangerous for young children and older adults.

The most common cause of dehydration in young children is severe diarrhea and vomiting. Older adults naturally have a lower volume of water in their bodies, and may have conditions or take medications that increase the risk of dehydration. This means that even minor illnesses, such as infections affecting the lungs or bladder, can result in dehydration in older adults.

Dehydration also can occur in any age group if you do not drink enough water during hot weather — especially if you are exercising vigorously.

You can usually reverse mild to moderate dehydration by drinking more fluids, but severe dehydration needs immediate medical treatment.

Symptoms

Thirst is not always a reliable early indicator of the body's need for water. Many people, particularly older adults, do not feel thirsty until they are already dehydrated. That is why it is important to increase water intake during hot weather or when you are ill. The signs and symptoms of dehydration also may differ by age.

Infant or young child

Dry mouth and tongue
No tears when crying
No wet diapers for three hours
Sunken eyes, cheeks
Sunken soft spot on top of skull
Listlessness or irritability

Adult

Extreme Thirst
Less Frequent Urinations
Dark Colored Urine
Fatigue
Dizziness
Confusion

As volunteer's it is essential to drink lots of water during the summer months. Bring a bottle with you so that you can fill it up constantly.



VOLUNTEER COORDINATOR

SPOTLIGHT

JEFF GEORGE

Ok.... I have not done one of these mini-biographies, so I thought why not now. You know my name. I was born in Kenosha, a small town south of Milwaukee, WI. This town has always been associated with the automobile industry, going back to 1902, most notably with the American Motors and Chrysler companies. I achieved the rank of Eagle Scout in 1988, and have two college degrees, an AA in Communications and a BS in Psychology. I lived in Wisconsin for 27 years and then decided to leave the frozen tundra for warmer pastures.

The reason for my move to California was chasing after a girl, but that did not work out. I have been happily married to my wife Tish for 16 years and have two children ages 25 & 21. We also have two animal children, Marley a retriever mix and Buck a neurotic Chiweenie.

Going back many years, I have held a variety of jobs, mostly in retail sales, but I spent 8 years with the Boy Scouts recruiting volunteers and fundraising. I also spent several years as an on-air radio announcer in Wisconsin, and yes, (believe it or not) I played Santa Claus one year.

In February of 2013, I was alerted to a new job with the county: Volunteer Coordinator. I applied immediately. I received a notification card for an interview that was scheduled for November. There was a second interview near Christmas and I was told the first week of January 2014 that I was being offered the position. That's my story and I am sticking to it. Thank you to all the volunteers who have such great love for the animals!

If I could live anywhere in the world, where would I live?

Most importantly, anywhere with my wife would be fine, but Ireland would be a dream spot for me.

If you just won the lottery, what is the one thing you would spend money on?

This is a tough one. While I would want to make sure that all organizations that are near and dear to my heart would get some money, I would want to make sure they all benefit for years to come so I would want to set up Endowments for them. Endowments are monies given to non-profits and the interest from those endowments are used as operating funds yearly. Outside of that, I would make sure the KCAS has top-notch AC/HEATING units on the building!

If you could have one superpower, what would it be and why?

It would have to be invisibility. I always wanted to be that fly on the wall to see how things are going, but to be invisible would be much better with less chance of getting swatted.

News & Notes

MILESTONE HOURS (as of June 30th)

Rhonda Montgomery	2158	Rhonda Smith	460
Deborah Waits	823	Ben Neal	488
Shawn Fernberg	929	Rowena Yong	433
Megan Reyes	653	Teddi Rawles	401
Crystal Struckhoff	629	Stan Cameron	381
Barbara Fowler	619	Danny Spanks	365
Jean Absher	518	Nancy Ballinger	336
Barbara Beckstrom	501	John Harrer	334

MONTHLY HOURS REPORT

JULY

Core Volunteers

1046

Employment Prep Program (EPP)

119

Mexican American Opp. Foundation (MAOF)

168

Work Release

840



JUNE BIRTHDAYS	DAY	JULY BIRTHDAYS	DAY	AUGUST BIRTHDAYS	DAY
Karen Mathis	1	Jessica Core	4		
Samantha Esparza	1	Joanne Layton	10	Shawn Fernberg	3
Jeff George	3	Mel Sparks	14	Apryl Brown	5
Samantha Mabry	3	Tiffani Rawles	17	Jazmina Preto	7
Mariah Webb	4	Kathy Cassidy	17	John Pantoja	8
Austin Bedford	14	Cassandra Mosqueda	21	Rhonda Montgomery	13
Maureen Podolsky	18	Tricia Lamas	23	Asha LaTray	18
Allison Crenshaw	19	Megan Reyes	27	Deborah Waits	28
Jakob Weatherly	21	Barbara Williams	27		
		Isaiah Dawood	30		



Coordinator's Corner

I'M BACK!!!! I had to entertain all of you with a clown for the picture this month since we have National Clown Week and the soon-to-be-released remake of IT in September.

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With my return, I wanted to let you know some of what occurred to me during my five-week absence. Many of you who receive this newsletter know that I was out, but basically what happened was that I started to have violent shaking episodes at random times of the day and twice, prior to my leave, they were so violent that I had to sit in the bathroom until they subsided enough so I could leave for the day.

On Monday May 29<sup>th</sup>, I had another shaking event and my wife forced me to go to the hospital, which was the best move. After about 9 hours in the ER my right foot swelled, was bright red and turning gray. About 10 pm that night, my Podiatrist came in and said that we needed to do surgery the next day to help with the swelling. On May 30<sup>th</sup>, I woke up from surgery to find out that I had a major infection and that infection was so bad that instead of draining and ending the swelling, they had amputated the third toe on my right foot. Five days later, on June 3<sup>rd</sup>, they had to amputate my second toe. It turned out that the infection that was in my body was gangrene and I was about a week to ten days shy of losing my entire foot.

While this condition is normally diabetes-related, mine was not directly related to the diabetes, but to the open wound that I had from a previous surgery. The infection came into my body and was attacking my immune system, which I learned later was one of the reasons I was so lethargic and having the violent shaking episodes.

Therefore, after two weeks in the hospital and three weeks recovering at home, and a total of seven weeks on an IV-administered antibiotic three times a day, I am healing very well, and soon will be recovering more while in a hyperbaric chamber to help create extra healing and better blood flow to the affected area. While the process of healing overall will take some time, I am much healthier and doing well.

Have a great month!